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"I am the way, the truth, and the life. No one comes to the Father except through me". John 14:6

"For God so loved the world that He gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life". John 3:16

Do you want to find out more? Here are some useful resources to begin your journey:

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Are Christians Weaklings?

Introduction: A common misconception in today's world is that Christians are weak. Because Christians are often called to turn the other cheek, forgive, and rely on God rather than their own might, this can be viewed as weakness. However, the Bible paints a very different picture. Christians acknowledge their human frailty but find their true strength in God. The accusation that a Christian's faith is a crutch to help them deal with the tough world is both misplaced and ironic, seeing as many such accusers rely on drink, food, gambling, drugs, porn etc, to get through life.

A key part of a Christian's faith is the search for truth, and in a world laden with deception, the Bible stands out as THE source of truth.

Human Weakness Acknowledged

The Reality of Human Frailty: The Bible is clear about human weakness. All people, regardless of their faith, experience physical, emotional, and spiritual weakness. This weakness, however, is not the end of the story.

Psalms 103:14 says: *"For he knoweth our frame; he remembereth that we are dust."*

This verse highlights God's understanding of our fragile nature, reminding us that we are not inherently strong. Recognising our weakness is the first step in turning to God for true strength.

Christ, Our Source of Strength

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Christ, Our Source of Strength

1. **Strength Through Christ:** The source of a Christian's

strength is Jesus Christ. **Philippians 4:13** famously declares: *"I can do all things through Christ which strengtheneth me."* This verse is a powerful reminder that believers are not limited by their human weaknesses because they have access to divine strength through Christ.

2. **God's Promise of Strength:** Throughout Scripture, God promises to be the strength of His people. In **Isaiah 40:29**, it is written: *"He giveth power to the faint; and to them that have no might he increaseth strength."* This promise reassures Christians that when they feel weak or incapable, God is ready to empower them.

The Strength to Endure and Overcome

1. **Endurance in Trials:** Christians face trials and persecutions, but their strength to endure comes from God. In **James 1:12**, we read: *"Blessed is the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him."*

This endurance, powered by God, is evidence of true strength. It's not the absence of hardship but the ability to overcome it through faith.

2. **Victory Over the World:** Christians are called to overcome the world, not by their might but through faith. **1 John 5:4** says: *"For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith."*

Faith in God equips Christians to rise above worldly struggles, demonstrating strength that the world cannot understand.

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Strength in Humility and Service

1. **The Strength in Humility:** Jesus Himself exemplified strength through humility. He, the Son of God, humbled Himself to serve others and ultimately to die for humanity. **Matthew 20:28** says: *"Even as the Son of man came not to be ministered unto, but to minister, and to give his life a ransom for many."*

Following Jesus' example, Christians find strength in serving others, not in seeking personal power or recognition.

2. **Strength in Love and Forgiveness:** It takes great strength to love and forgive, especially when wronged. **Ephesians 4:32** exhorts: *"And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you."*

Forgiveness and love are signs of spiritual strength, reflecting God's character.

Conclusion: Christians are not weak; rather, they possess a unique strength that comes from God. By acknowledging their own limitations, they open themselves to the power and strength of the Almighty. Through faith in Jesus Christ, believers are equipped to endure hardships, overcome the world, and live lives of love and service.

How can YOU tap in to the incredible strength that can only come from a loving relationship with God?

Repent for your sins from your heart and put your trust in Jesus. Believe that Jesus paid the ultimate price by being cruelly crucified, then rising from the dead three days later to conquer death. Jesus led a perfect life but was

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